



Monica Brînzac

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Gender: Female **Date of birth:** 06/04/1997 **Nationality:** Romanian

WORK EXPERIENCE

[05/2021 – Current]

Deputy director

Center for Health Workforce Research and Policy, Babeş-Bolyai University

[01/10/2019 – Current]

RESEARCH ASSISTANT

Department of Public Health, Babeş-Bolyai University

EDUCATION AND TRAINING

[09/2021 – Current]

PhD

Administration and Public Policy Doctoral School, Babeş-Bolyai University

[02/2022 – 06/2022]

Traineeship in Primary Care

University of Crete

Country: Greece

[02/2022 – 06/2022]

Erasmus Mobility

University of Crete

City: Heraklion

Country: Greece

[01/10/2019 – 07/2021]

Master in science, technology and innovation in governance

Faculty of Political, Administrative and Communication Sciences

City: Cluj Napoca

Country: Romania

[01/10/2019 – 06/2020]

Master in healthcare management

Faculty of Medicine and Pharmacy

City: Sibiu

Country: Romania

[02/11/2018 – 04/11/2018]

Participation Certificate

Hacking Health 2.0

City: Bucharest

Country: Romania

[27/09/2018 – 01/10/2018]

Participation Certificate

The 16th Youth Conference& Youth Alliance

City: Krusevo

Country: North Macedonia

[19/06/2018 – 22/06/2018]

Participation Certificate

EHMA& EIT Health

City: Budapest

Country: Hungary

[10/2016 – 07/2019]

Bachelor in public health

Universitatea Babeş Bolyai

City: Cluj Napoca

Country: Romania

[09/2012 – 06/2016]

Social Sciences

Colegiul Național Augustus Treboniu Laurian

City: Botoşani

Country: Romania

PROJECTS

[03/2023 – Current]

Being: Innovating for young people's wellbeing in Romania

BEING is new innovative international mental health initiative in 13 countries, co-funded by Grand Challenges Canada with Fondation Botnar and United for Global Mental Health.

This project aims to create supportive communities where young people 10-24 are the agents and drivers of their own mental health.

Key element is a collaborative research to identify system-wide needs and opportunities, and engage with key stakeholders to drive broader ecosystem building efforts for transformation.

[07/2022 – Current]

BeWell

Blueprint alliance for a future health workforce strategy on digital and green skills. The project will develop skills intelligence on the digital and green skills needs of the health workforce, establish the first Blueprint Alliance for the health ecosystem to create a skills strategy to be implemented at a local, regional, national, and ultimately European level through the Pact for Skills, launch a large-scale skills partnership under the Pact for Skills initiative and develop and implement a pilot training programme on digital and green skills in the healthcare sector and for emerging occupational profiles. Co-funded by the Erasmus+ programme of the European Union under Grant Agreement number 101056563, 2022-2026.

[03/2021 – Current]

Promoting evidence-based reforms to manage medical deserts in Europe (OASES)

Promoting evidence-based reforms to manage medical deserts in Europe (OASES)

Objective: This project aims to provide support for health labor reforms - Medical Desert Initiatives.

Funder:

CHAFEA, European Commission

[30/03/2022 – 30/09/2022] **Community Health Workers specialization program**

Community Health Workers specialization program - Secretary Cluj Center, National School of Public Health, Management and Professional Development Bucharest.

[30/03/2022 – 30/09/2022] **Community Health Workers specialization program**

Community Health Workers specialization program - Lecturer, National School of Public Health, Management and Professional Development Bucharest.

[13/09/2021 – 03/2022]

Knowledge Generation for the Strengthening of the Mother and Child Health Care System

Technical manager of the project Knowledge Generation for the Strengthening of the Mother and Child Health Care System funded by UNICEF Romania.

Main responsibilities: oversight of the implementation of the project and technical support.

[08/2021 – 30/09/2021]

Cooperation and training on innovation and entrepreneurship in the eHealth community (CONNECT)

Reviewer of the Human Resources in Health curriculum

[01/05/2021 – 09/2021]

Knowledge Generation for the Strengthening of the Mother and Child Health Care System

Project director of the project **Knowledge Generation for the Strengthening of the Mother and Child Health Care System** funded by UNICEF Romania.

[06/05/2021 – 31/05/2021]

Transfer of Organisational innovations for Resilient, Effective, equitable, Accessible, sustainable and Comprehensive Health Services and Systems (TO-REACH)

National project director of TO-REACH, funded by the European Commission.

[02/2021 – 01/05/2021]

Knowledge Generation for the Strengthening of the Mother and Child Health Care System

Technical manager of the project **Knowledge Generation for the Strengthening of the Mother and Child Health Care System** funded by UNICEF Romania.

Main responsibilities: oversight of the implementation of the project and technical support.

[2020 – 2021]

Train and raise awareness of frontline community healthcare workers with regards to adapted case management and infection prevention and control to minimize secondary impact of COVID-19

Train and raise awareness of frontline community healthcare workers with regards to adapted case management and infection prevention and control to minimize secondary impact of COVID-19, funded by UNICEF Romania. Main responsibilities:

- Coordinator of the training of 1 659 community health workers
- Coordinator of the study on the access of children with disabilities to medical services in the current epidemiological context
- Coordinator of the research team

[03/2020 – 01/2021]

Strengthening the network of community resources for rare diseases in Romania through online training (CORE-RD)

Organisation Specialist of the project **Strengthening the network of community resources for rare diseases in Romania through online training (CORE-RD)**

Objective: To reduce the gaps between medical and social care, change the system of diagnosis and care of people affected by rare diseases, using an innovative approach by training community nurses in the case management of rare diseases.

Funder: US Embassy in Bucharest

[2020 – Current]

COST Action on The European Researchers' Network Working on Second Victims (ERNST)

COST Action on The European Researchers' Network Working on Second Victims (ERNST)

Objective: To raise awareness of the phenomenon of the second victim (among medical staff) and to identify support mechanisms for human health resources in the face of adverse events

Funder: COST

[2020 – 2020] **LEAP**

Interdisciplinary study on young people's needs and opportunities assessment Cluj-Napoca, Romania, funded by Fondation Botnar. Main responsibilities: supporting the research team, administrative work.

Assessing the level of knowledge on HPV and cervical cancer in Romanian women aged between 18 and 24 years

Principal investigator of the research project entitled "Assessing the level of knowledge on HPV and cervical cancer in Romanian women aged between 18 and 24 years" funded by the **Special scholarship for scientific activity** from Babeş- Bolyai University.

PUBLICATIONS

[2023]

[Migrant healthcare workers during COVID-19: bringing an intersectional health system-related approach into pandemic protection. A German case study](#)

Kuhlmann E, Ungureanu M-I, Behrens GMN, Cossmann A, Fehr LM, Klawitter S, Mikuteit M, Müller F, Thilo N, **Brînzac MG** and Dopfer-Jablonka A (2023) Migrant healthcare workers during COVID-19: bringing an intersectional health system-related approach into pandemic protection. A German case study. *Front. Public Health* 11:1152862. doi: 10.3389/fpubh.2023.1152862

[2023] **[Defining medical deserts—an international consensus-building exercise](#)**

Monica G Brînzac et al, Defining medical deserts—an international consensus-building exercise, *European Journal of Public Health*, 2023;, ckad107, <https://doi.org/10.1093/eurpub/ckad107>

[2023]

[Unnecessary hospitalisations and polypharmacy practices in Romania: A health system evaluation for strengthening primary health care](#)

Jullien S, Mateescu I, **Brînzac MG**, Dobocan C, Pop I, Weber MW, Butu C, Carai S. Unnecessary hospitalisations and polypharmacy practices in Romania: A health system

evaluation for strengthening primary health care. J Glob Health. 2023 May 5;13:04039. doi: 10.7189/jogh.13.04039. PMID: 37143374; PMCID: PMC10160704.

[2022]

Violence against healthcare workers is a political problem and a public health issue: a call to action

Ellen Kuhlmann, **Monica Georgiana Brînzac**, Katarzyna Czabanowska, Michelle Falkenbach, Marius-Ionut Ungureanu, George Valiotis, Tomas Zapata, Jose M Martin-Moreno, Violence against healthcare workers is a political problem and a public health issue: a call to action, *European Journal of Public Health*, Volume 33, Issue 1, February 2023, Pages 4–5, <https://doi.org/10.1093/eurpub/ckac180>

[2021]

Health workforce protection and preparedness during the COVID-19 pandemic: a tool for the rapid assessment of EU health systems

Ellen Kuhlmann, **Monica-Georgiana Brînzac**, Viola Burau, Tiago Correia, Marius-Ionut Ungureanu, *European Journal of Public Health*, Volume 31, Issue Supplement_4, November 2021, Pages iv14–iv20, <https://doi.org/10.1093/eurpub/ckab152>

[2021] **European Public Health News**

Dineke Zeegers Paget, Iveta Nagyova, Dineke Zeegers Paget, Monica Brinzac, Carina Ferreira-Borges, Nino Berdzuli, Hans Henri P Kluge, Floris Barnhoorn, Anthony Staines, European Public Health News, *European Journal of Public Health*, Volume 31, Issue 2, April 2021, Pages 449–453, <https://doi.org/10.1093/eurpub/ckab022>

[2020]

The geriatric workforce in Romania: a need to improve data and management

The geriatric workforce in Romania: a need to improve data and management. M.-I. Ungureanu, **M.-G. Brînzac**, A. Forray, L. Paina, L. Avram, D.A. Crişan, V. Donca. *European Journal of Public Health*, Supplement

[2019]

Assessing the level of knowledge on HPV and cervical cancer in Romanian women

Monica Brinzac, Anamaria Ioana Coci, Valeria Ionascu, *European Journal of Sustainable Development* (2019), 8, 2, 358-364 ISSN: 2239-5938 Doi: [10.14207/ejsd.2019.v8n2p358](https://doi.org/10.14207/ejsd.2019.v8n2p358)

[2018]

Assessing the self-reported Level of Knowledge of Romanian Parents on Emergency Behavior

Valeria Ionascu, **Monica Brinzac**, Anamaria Ioana Coci, *European Journal of Sustainable Development*, 7(3), 425. <https://doi.org/10.14207/ejsd.2018.v7n3p425>

CONFERENCES AND SEMINARS

[05/06/2023 – 07/06/2023] **European Health Management Association Annual Conference**

Migrant healthcare workers and exacerbating inequalities during the COVID-19 pandemic: what to learn from international experiences on health systems? Ellen Kuhlmann, Dr Marius-Ionut Ungureanu, **Monica Brinzac**, Prof Alexandra Dopfer-Jablonka

[05/06/2023 – 07/06/2023] **European Health Management Association Annual Conference**

Health workforce challenges in Romania - medical doctors between public policy responses and reality. **Monica Georgiana Brînzac**, Dr Marius Ionuț Ungureanu, MD, MPH Maria Lorena Vescan, MPH Diana Nemeș, Prof Cătălin Ovidiu Baba

[05/06/2023 – 07/06/2023] **European Health Management Association Annual Conference**

Exploring the potential of community health workers to address future health system challenges in Romania. Dr Marius-Ionuț Ungureanu, **Monica Georgiana Brînzac**, Prof. Cătălin Ovidiu Baba

[02/05/2023 – 06/05/2023] **17th World Congress on Public Health**

Nemeș, Diana, Marius-Ionuț Ungureanu, and Monica G. Brînzac. "Optimizing the primary health care workforce to achieve timely healthcare that meets the population's needs: Romania's human resource in primary care". *Population Medicine* 5 no. Supplement (2023): A912. doi:10.18332/popmed/164374.

Link: <http://www.populationmedicine.eu/optimizing-the-primary-health-care-workforce-to-achieve-timely-healthcare-that-meets,164374,0,2.html>

[02/05/2023 – 06/05/2023] **17th World Congress on Public Health**

Brînzac, Monica G., Maria-Lorena Vescan, Monica G. Brînzac, and Marius I. Ungureanu. "Trends in the geriatric workforce in the romanian healthcare system". *Population Medicine* 5 no. Supplement (2023): A53. doi:10.18332/popmed/164551.

Link: <http://www.populationmedicine.eu/Trends-in-the-geriatric-workforce-in-the-romanian-healthcare-system,164551,0,2.html>

[02/05/2023 – 06/05/2023] **17th World Congress on Public Health**

Brînzac, Monica G., Marius I. Ungureanu, Răzvan M. Cherecheș, Federica Vitello, Paolo Michelutti, and Cătălin O. Baba. "A framework for implementing pilot studies on medical deserts in Cyprus, Finland, France, Hungary, Italy, the Republic of Moldova and Romania". *Population Medicine* 5 no. Supplement (2023): A1873. doi:10.18332/popmed/164433.

Link: <http://www.populationmedicine.eu/A-framework-for-implementing-pilot-studies-on-medical-deserts-in-Cyprus-Finland-France,164433,0,2.html>

[09/11/2022 – 12/11/2022] **15th European Public Health Conference** Berlin, Germany

E Kuhlmann, **M-G Brînzac**, V Burau, T Correia, M Falkenbach, M-I Ungureanu, Health workforce needs and health policy responses to COVID-19: a European comparative assessment: Ellen Kuhlmann, *European Journal of Public Health*, Volume 32, Issue Supplement_3, October 2022, ckac129.042, <https://doi.org/10.1093/eurpub/ckac129.042>

[09/11/2022 – 12/11/2022] **15th European Public Health Conference** Berlin, Germany

Organised by: EUPHA, Chair persons: Maaïke Droogers (EUPHA), **Monica Brînzac** (EUPHA nrt), 1.P. Skills building seminar: Taking the elevator pitch to the next level: how to convince a policymaker in less than 2 minutes, *European Journal of Public Health*, Volume 32, Issue Supplement_3, October 2022, ckac129.058, <https://doi.org/10.1093/eurpub/ckac129.058>

[09/11/2022 – 12/11/2022] **15th European Public Health Conference** Berlin, Germany

M Brînzac, How to involve the younger generation in the European Public Health Week? *European Journal of Public Health*, Volume 32, Issue Supplement_3, October 2022, ckac129.287, <https://doi.org/10.1093/eurpub/ckac129.287>

[15/06/2022 – 17/06/2022] **European Health Management Association Annual Conference** Brussels

Marius Ionuț Ungureanu, Andrei Marius Ștefan, **Monica Georgiana Brînzac**, Alexandra Pop, Radu Dorel Horia. Exploring the reporting and monitoring of adverse health events in Romania: current progress and future development. Brussels, Belgium

[15/06/2022 – 17/06/2022] **European Health Management Association Annual Conference** Brussels

Monica Georgiana Brînzac, Marius Ionuț Ungureanu, Maria Lorena Vescan. Towards achieving full potential for community health care in Romania – an analysis of current evidence. Brussels, Belgium

[15/06/2022 – 17/06/2022] **European Health Management Association Annual Conference** Brussels

Marius-Ionuț UNGUREANU, **Monica Georgiana BRÎNZAC**, Health service management training in Romania - current status and options for the future. Brussels, Belgium

[15/06/2022 – 17/06/2022] **European Health Management Association Annual Conference** Brussels

Monica Georgiana Brînzac, Marius Ionuț Ungureanu, Denis Costin Florea. What does the future hold for the Romanian health workforce? Insight from current national data. Brussels, Belgium

[06/2022] **4th Gago Conference on European Science Policy**

Speaker - Round table: The data we have

[2022] **4th Gago Conference on European Science Policy**

Organising committee member

[09/11/2021] **Webinar: Support4Global Health and SDGs in health workforce education**

Transnational collaboration for global health education: Romania as West-East hub, *M-I Ungureanu, L Paina, **MG Brînzac**, RM Cherecheș*

[09/11/2021] **Webinar: Support4Global Health and SDGs in health workforce education**

Organiser of **Webinar: Support4Global Health and SDGs in health workforce education**

[12/10/2020 – 16/10/2020] **16th World Congress on Public Health**

M I Ungureanu, L Paina, **M G Brînzac**, A Forray, V Donca, L Avram, D Crișan, The geriatric workforce: is there anybody out there to care in Romania?, *European Journal of Public Health*, Volume 30, Issue Supplement_5, September 2020, ckaa165.108, <https://doi.org/10.1093/eurpub/ckaa165.108>

[12/10/2020 – 16/10/2020] **16th World Congress on Public Health**

Chair of **13.F. Skills building seminar: “There is never a dull moment in science”. Designing engaging responsible conduct in research courses.**

[12/10/2020 – 16/10/2020] **16th World Congress on Public Health**

M Ungureanu, L Paina, **M G Brînzac**, R M Cherecheș, Transnational collaboration for global health education: Romania as West-East hub, *European Journal of Public Health*, Volume 30, Issue Supplement_5, September 2020, ckaa165.609, <https://doi.org/10.1093/eurpub/ckaa165.609>

[12/10/2020 – 16/10/2020] **16th World Congress on Public Health**

Chair of **12.G. Workshop: Support4Global Health and SDGs in health workforce education: advocacy and action.**

[2020] **EUPHA Health Workforce Research Section Online Mid-term Conference**

Marius-Ionut Ungureanu, **Monica Brînzac**. *Between public policy responses and reality: an analysis of the human resources for health in Romania.* EUPHA Health Workforce Research Section Online Mid-term Conference

[2020] **EUPHA Health Workforce Research Section Online Mid-term Conference**

Marius-Ionut Ungureanu, Emilian Costiug, **Monica Brînzac**, Antonia Papiu, Alina Forray. *How can family doctors in Romania contribute to health system objectives? An analysis of the gaps between professional scope of practice and legal scope of practice.* EUPHA Health Workforce Research Section Online Mid-term Conference.

[2020] **Medical Forum**

Marius-Ionuț Ungureanu, **Monica Brînzac**, Antonia Papiu, Alina Forray.

What does the future hold for family medicine? An analysis of the sustainability of human resources for health policies. Medical Forum Cluj- Napoca, Cluj-Napoca, Romania.

[2019] **12th European Public Health Conference**

M Ungureanu, **M Brînzac**. Skill-mix innovations in Romania: design and delivery of out-of-hours primary healthcare services.

M Brinzac, A Coci, V Ionașcu, Knowledge of Romanian young women regarding HPV and cervical cancer,

[2019] **12th European Public Health Conference**

Co-chair within the 12th European Public Health Conference, the **Health promotion, health literacy** session

[2019] **Day of Family Physicians Cluj-Napoca**

Team member in the organising committee of the Day of Family Physicians Cluj-Napoca

[2019]

Training for the organization and implementation of a survey using 24-hour urinary sodium excretion

Team member in the organising committee of the workshop on salt intake with WHO

[2018] **International Conference on Sustainable Development**

Assessing the level of knowledge on HPV and cervical cancer in Romanian women. Monica Brinzac, Anamaria Ioana Coci, Valeria Ionascu, *European Journal of Sustainable Development* (2019), 8, 2, 358-364 ISSN: 2239-5938 Doi: 10.14207/ejsd.2019.v8n2p358

TEACHING

Department of Public Health, Faculty of Political, Administrative and Communication Sciences, Babeș-Bolyai University Cluj-Napoca

ULE6540 - Protocoale și standarde în practica medicală/Healthcare protocols and standards (2021-2022)

UME6149 - Sănătate Publică la nivelul comunității/Community based Public Health (2022-2023)

ULE6311 - Practică profesională/Professional practice (2022-2023)

ULE6511 - Practică profesională/Professional practice (2022-2023)

ULE6310 - Politici publice/Public Policy (2022-2023)

ULE6126 - Planificare strategică/Strategic planning (2022-2023)

ULE6411 - Practică profesională/Professional practice (2022-2023)

ULE6211 - Practică profesională 1/Professional practice (2022-2023)

CONSULTING ACTIVITIES

[04/2022 – 05/2022]

Member of the Local Etic Committee for Scientific Study Protocols WHO Romania's country office

[10/2021 – 02/2022]

Research on Potentially Avoidable Hospitalizations (PAH) and Ambulatory Care

[09/2021 – 10/2021] **Virtual Mobility Grant (Short-term contract)**

The European Researchers' Network Working on Second Victims (ERNST)

[03/2019 – 07/2019] **Consultant European Observatory on Health Systems and Policies**

[10/2019 – 12/2019] **Peer Reviewer BMC Public Health**

[06/2019 – 07/2019] **Reviewer European Conference on Health Communication**

HONOURS AND AWARDS

[05/2023] **Excellentia X Award Awarding institution: Babeş-Bolyai University**

Excellentia X Award is rewarded in recognition of student appreciation for exceptional academic, didactic and volunteering activities.

POSITIONS

[11/2020 – Current] **EUPHAnxt coordinator**

[02/2022 – 06/2022] **Organising Committee Member 4th Edition Gago Conference**

[03/2021 – 12/2021] **Mentee MultiPod Mentorship**

[01/2020 – 11/2020] **EUPHAnxt Conference manager**

[12/2019 – 07/2020] **Conference manager**

Conference manager of the EUPHA Health Workforce Research Section Mid-term Conference

[02/2020 – 05/2020] **Conference manager**

Organizer of the workshop COVID-19: Digitalization by choice or by need? - European Public Health Week, European Public Health Association (EUPHA).

[06/2019 – 11/2019] **EUPHAnxt Fellow**

Fellow within the 12th European Public Health Conference

[10/2017 – 11/2019] **Student counselor**

Faculty of Political, Administrative and Communication Sciences, Babeş-Bolyai University

NETWORKS AND MEMBERSHIPS

[03/2021 – Current]

Member of the European Public Health Conference Working Group on Gender Equality and Women's Empowerment

[11/2020 – Current] **Member of the Executive Council of the European Public Health Association**

[11/2020 – Current] **Member of the Executive Board of the European Public Health Conference**

[12/2020] **Member of the Steering Committee of the European Public Health Week**

[2020 – Current] **Steering committee member of EUPHA's Digital health themed network**

[2021]

Steering committee member of EUPHA's Health Workforce Research themed network

CERTIFICATIONS

Certifications

ECDL

Certifications

Protecting Human Research Participants - The National Institutes of Health

Certifications

Health Financing for Universal Health Coverage from World Health Organization

COURSES

Courses

Advocacy

Courses

Elaborating and monitoring of Public Policies

Courses

Social Intrapreneurship for Innovation in Health

INTERNSHIPS

[02/2020 – 12/2020] **Fellow Innostars Service Excellence Program by EIT Health**

[07/2019 – 09/2019] **Intern OMV Petrom**

I worked within PetroMed division which is responsible of the health of the 1600 employees.

[10/2018 – 01/2019] **Intern Health management and policy center Cluj-Napoca**

[07/2018 – 09/2018] **Intern Regional Health Agency Marche Region**

[10/2016 – 12/2016] **Intern Office Depot**

[05/2015 – 05/2015] **Intern Prefecture of Botoșani**

Intern within the AntiDrug Unit

VOLUNTEERING

[10/2022 – Current] **Growing-up Association**

Working with orphans, providing support and mentoring.

[09/2017 – 02/2018] **Conference Vice President International Presidents Meeting** AIESEC International

[08/2017 – 02/2018] **Team Leader Business Development** AIESEC Cluj-Napoca

[02/2017 – 07/2017] **Team leader Customer Experience** AIESEC Cluj-Napoca

ORGANISATIONAL SKILLS

Organisational skills

People management,

Good ability to establish and maintain good working relations with people of different national and cultural backgrounds

Leadership (team leader of several teams)

Organizing skills gained after coordinating several AIESEC events

COMMUNICATION AND INTERPERSONAL SKILLS

Communication and interpersonal skills

Negotiations abilities

Planning abilities

Prioritizing abilities

Leadership skills

Organizing skills

Team Management

Time management

LANGUAGE SKILLS

Mother tongue(s): Romanian

Other language(s):

English

LISTENING C1 **READING** C1 **WRITING** B2

SPOKEN PRODUCTION C1 **SPOKEN INTERACTION** C1

Italian

LISTENING B1 **READING** A2 **WRITING** A1

SPOKEN PRODUCTION A2 **SPOKEN INTERACTION** A2

Greek

LISTENING A1 **READING** A1 **WRITING** A1

SPOKEN PRODUCTION A1 **SPOKEN INTERACTION** A1

Levels: A1 and A2: Basic user; B1 and B2: Independent user; C1 and C2: Proficient user

DRIVING LICENCE

Cars: B